



*Let it Snow!!!*

## Registration Packet for Winter 2018

January 6,13,20,27 & February 3, 10

- Bus loads Saturdays, 8:40 am at VHS
- Bus loads WS at 9:45(Fauntleroy Way SW & SW Trenton bus zone)
- Bus returns 7:30 pm to VHS
- Bus fee \$170
- Lessons and rentals are the sole responsibility of participants
- For lessons contact [Ski Masters](#)
- For passes and rentals contact [The Summit at Snoqualmie](#)
- Registration Sunday October 29<sup>th</sup> 12-4pm at the Ober Park Community Room- 17130 Vashon HWY SW
- Mail completed forms to: Vashon Park District - PO Box 1608
- For more information email questions to:  
[kschmidt@vashonparks.org](mailto:kschmidt@vashonparks.org)- or call 206-463-9602



October 17, 2017

Dear Parents of skiers and boarders,

We look forward to a great ski season as Vashon Ski School enters its 68th year and begins a new chapter as one of the Vashon Park District's youth programs. The goal of Vashon Ski School (VSS) and the VPD is for everyone to have a peak experience while staying safe. The VSS program offers an unparalleled opportunity for your adventurous student, offering supervised bus rides and ski sessions through a strong partnership with Ski Masters Ski School. The core of our program is the connection between students and chaperones with a sense of community for all involved.

At least 4 volunteer chaperones, who are either advisory VSS Board members or volunteers that have been trained in first aid and CPR and have been pre-screened through a State of Washington criminal background check will accompany and supervise each bus and the daily activities. A safety car will also follow the bus up to the mountain every trip. All chaperones carry walkie-talkies and maintain constant contact with one another and the ski patrol on the mountain. In case of emergency a chaperone will meet the student, contact the guardian, and transport, if necessary.

Taking lessons with Ski Masters is a great way to get the most out of the mountain. If you have never skied off a chair lift, wanted to ski moguls, or learn how to do tricks at terrain parks, this is an opportunity to learn from certified instructors. They provide a variety of learning options that we highly recommend to new and continuing skiers and boarders.

So that participants may check in after a half-day lesson or let chaperones know they are going to a different part of the mountain, Vashon Ski School will be headquartered at the ski chalet, Rokka. This is a great home base, where there is always a chaperone in case of an emergency. Our days on the mountain offer tremendous opportunities for your student to just enjoy a fun and safe experience. The VSS Advisory Board and Vashon Park District are excited to present a collaborative effort of fun in the snow.

**Vashon Ski School Advisory Board**

**Vashon Park District Staff**

Char Phillips	President	Kelly Schmidt	Recreation & Operations Manager
Tracy Fairbanks	Secretary		
Karen Powers	Treasurer		
Robert Henry	Safety Coordinator		
Bret Magdasy	General Support		



# Vashon Ski School Program Registration Form

Due by October 29<sup>TH</sup> 2017



***On-line registration begins October 30, 2017 @ [www.vashonparks.org](http://www.vashonparks.org)***

Please complete this form, read and sign all the waivers, disclaimers and releases on the following pages including the Ski Masters Waiver, even if you are not signing up for lessons.

**Course #: 2018.1** Have you booked your Ski Masters lessons?  yes  no

*If yes, which dates will you be in lessons (please check):*

All Ski bus dates or specific dates of 1.6 1.13 1.20 1.27 2.3 2.10

First & Last Name of Participant: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Grade: \_\_\_\_\_ Age \_\_\_\_\_ Gender \_\_\_\_\_

Parent or guardian name: \_\_\_\_\_

E-mail: \_\_\_\_\_

Primary phone: \_\_\_\_\_ - \_\_\_\_\_

Secondary phone: \_\_\_\_\_ - \_\_\_\_\_

Mailing address: \_\_\_\_\_

Home address if different from above: \_\_\_\_\_

Emergency contact: \_\_\_\_\_

(Emergency contacts are alternates to the parent/guardian. List at least ONE.)

Phone: \_\_\_\_\_ Relation: \_\_\_\_\_

Back-up contact: \_\_\_\_\_ Phone: \_\_\_\_\_ Relation: \_\_\_\_\_

(circle one) I **DO** or **DO NOT** have any medical conditions or life-threatening allergies.

Please list all medical conditions/allergies: \_\_\_\_\_

Physician's name: \_\_\_\_\_ phone: \_\_\_\_\_

Location: \_\_\_\_\_

# Concussion Information Sheet

## WHAT IS A CONCUSSION?

A concussion is a brain injury. Concussions are caused by a bump or blow to the head. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious. You can’t see a concussion. Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury. If your child reports any symptoms of concussion, or if you notice the symptoms yourself, seek medical attention right away.

## WHAT ARE THE SIGNS AND SYMPTOMS OF A CONCUSSION?

If your child has experienced a bump or blow to the head during an athletic activity, look for any of the following signs and symptoms of a concussion:

### Signs Observed by Parents or Guardians

- Appears dazed or stunned
- Is confused about assignment or position
- Forgets an instruction
- Is unsure of game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even briefly)
- Shows behavior or personality changes
- Can’t recall events prior to hit or fall
- Can’t recall events after hit or fall

### Symptoms Reported by Athlete

- Headache or “pressure” in head
- Nausea or vomiting
- Balance problems or dizziness
- Double or blurry vision
- Sensitivity to light
- Sensitivity to noise
- Feeling sluggish, hazy, foggy, or groggy
- Concentration or memory problems
- Confusion
- Does not “feel right”

## HOW CAN YOU HELP PREVENT A CONCUSSION AND WHAT SHOULD YOU DO IF YOU THINK YOUR CHILD HAS A CONCUSSION?

- Ensure that they follow their coach’s/Adults rules for safety and the rules/code of the sport.
- Encourage them to practice good sportsmanship at all times .
- Make sure they wear the right protective equipment for their activity (such as helmets, padding, shin guards, and eye and mouth guards). Protective equipment should fit properly, be well maintained, and be worn consistently and correctly. Learn the signs and symptoms of a concussion.

## WHAT SHOULD YOU DO IF YOU THINK YOUR CHILD HAS A CONCUSSION?

- Seek medical attention right away. A health care professional will be able to decide how serious the concussion is and when it is safe for your child to return to sports.
- Keep your child out of play. Concussions take time to heal. Don’t let your child return to play until a health care professional says it’s OK. Children who return to play too soon-while the brain is still healing-risk a greater chance of having a second concussion. Second or later concussions can be very serious. They can cause permanent brain damage, affecting your child for a lifetime.
- Tell your child’s coach about any recent concussion. Coaches should know if your child had a recent concussion in ANY sport. Your child’s coach may not know about a concussion your child received in another sport or activity unless you tell the coach.
- Up to date info on concussions can be found at: [www.cdc.gov/ConcussionInYouthSports](http://www.cdc.gov/ConcussionInYouthSports)

**This is to certify that I have read and understand this concussion information provided by VSS**

My Child’s Name: \_\_\_\_\_

Parent/Legal Guardian Signature Print Name Date: \_\_\_\_\_

## Disclaimer, Release and Waivers

**Vashon Park District Refunds & Cancellations of Bus: Refunds will be issued only if requested no fewer than 7 business days prior to program start date (January 6, 2018) OR in the event of documented medical reason or significant family emergency. ALL refunds will be assessed a \$25 processing fee.**

**Disclaimer:** In consideration of the Vashon Park District allowing my participation in this class, I hereby consent to such participation, acknowledging the risks involved and assuming all such risks. I agree to release, indemnify and hold the Vashon Park District, their commissioners, coaches, instructors, volunteers, organizers, agents and employees, harmless from and against any and all claims, actions, suits, losses, liability, costs, expenses, and damages of any nature whatsoever, including costs and attorney's fees in defense thereof, for injuries, sickness, or death, which are caused by, or arise out of my participation in any portion of the program or any activity incidental thereto, provided, that nothing herein requires me to release, indemnify or defend for injuries, sickness or death caused by or arising out of the sole negligence of the Vashon Park District, their commissioners, employees or agents.

Signature: \_\_\_\_\_ Date \_\_\_\_\_  
(Parent/Guardian/Participant if 18+ years old signature)

Please print  
name \_\_\_\_\_

### Photo Release:

I hereby give to Vashon Park District, its designees, agents, and assigns, perpetual, non-exclusive, royalty-free, and unlimited permission to use, publish and republish reproductions of my or my children's likeness (photographic or otherwise), with or without identification of me or them by name, in print, electronic, or any other medium, including but not limited to our web site and in any publicity or other materials.

Consent of parent or legal guardian if above individual is a minor

I consent and agree, individually and as a parent or legal guardian of the *minors name listed below*, to the foregoing terms and provisions.

1) \_\_\_\_\_ 2) \_\_\_\_\_ 3) \_\_\_\_\_

\_\_\_\_\_  
Signature of Parent or Legal Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Relationship to minor

### Concussion Waiver:

I, \_\_\_\_\_, have read and understand the Concussion Information sheet provided by Vashon Park District and hereby release VPD, the VI School District, their employees, agents,

volunteers, and designees from any liability related to my child suffering a Concussion/Head Injury while engaging in this activity. Parent/Guardian Initial \_\_\_\_\_



## Ski Masters

**PARTICIPATION AGREEMENT:** Class and bus spaces are reserved for the entire session. There are no refunds or make up sessions if a student misses a day. Lessons and bus rides are not transferable. If a session is postponed due to weather conditions, the program will automatically be extended until all sessions are completed. If the program cannot be completed by April 1st, any unused tuition will be credited to the following year. Refunds are only given for documented illness, injury, or relocation from the area. A \$20 per individual administration fee will be charged when issuing a refund for any reason.

**INSURANCE:** All students should have medical insurance to cover any accident which may occur.

**RELEASE OF LIABILITY:** I agree that I will not sue or make a claim against Ski Masters Ski School, Inc., Vashon Park District, Vashon Ski School, Boyne USA Inc., or any of its owners, officers, agents, or subsidiaries, including but not limited to, Ski Lifts Inc., Crystal Mountain, Inc., and the U.S. Government or any of (their/its) employees, agents contractors, subsidiaries, officers ("Released Parties") for any loss, injury or damage resulting from any cause including negligence, which arises out of my participation in any activity at the ski area, including but not limited to, use of the slopes, equipment, or any of the facilities or services on the premises.

I further agree to RELEASE, HOLD HARMLESS, and INDEMNIFY Ski Masters Ski School, Inc., Vashon Park District, Boyne USA Inc., or any of its owners, officers, agents, or subsidiaries, including but not limited to, Ski Lifts Inc., Crystal Mountain, Inc., and the U.S. Government or any of (their/its) employees, agents, contractors, subsidiaries, officers ("Released Parties") for any loss, injury or damage which arises out of my participation as described above. This release is also binding as to any other person, including all family members, heirs, and executors.

If I am signing on behalf of a minor: I accept full responsibility for all medical expenses and claims related to the minor's participation in any activity as described above. I agree to RELEASE, HOLD HARMLESS, and INDEMNIFY the Released Parties from all claims brought by or on behalf of the minor.

**PHOTO/VIDEO RELEASE:** I, the participant and/or parent or guardians of the minor participants, give my permission to have photos/video taken, without recompense, during Ski Masters Ski School activities for use in promotional, educational, and advertising purposes.

If I am signing on behalf of a minor: I accept full responsibility for all medical expenses and claims related to the minor's participation in any activity as described above. I agree to RELEASE, HOLD HARMLESS, and INDEMNIFY the Released Parties from all claims brought by or on behalf of the minor.

Sign and date \_\_\_\_\_

Print Name of Participant \_\_\_\_\_

## Vashon Ski School Program Code of Conduct

### **The following is required to participate in Vashon Ski School:**

- Approved safety helmet must be worn by students/adults while skiing or snowboarding or during any Vashon Ski School on slope activity.
- Daily Ticket or Season Lift Pass must be worn at all times while on the mountain whether skiing, snowboarding or just hanging out.

### **The following is prohibited while participating with Vashon Ski School on the Bus, on the Ferry and on the Mountain.**

- VISD Student Code of Conduct applies to all VPD activities.
- Loud talking, shouting, screaming, shoving, fighting or throwing things.
- Bodily hygiene that constitutes a nuisance to others.
- Dressing inappropriately for weather conditions.
- Not following the Skier/Snowboarder Responsibility Code as set forth by the ski area.
- Verbally or physically harassing or threatening others.
- Sexual misconduct or harassment (i.e. exposure, offensive touching)
- Stealing or damaging property.
- Use of tobacco, alcohol, or non-authorized medicines or drugs.
- Possession of any weapon or firearm, whether real or a facsimile.
- Skiing or Snowboarding outside of ski area boundaries or in areas marked as closed, off-limits or out of bounds.
- Leaving Summit West and going over to Summit Central or Alpental without signing out or notifying a Board Member or Chaperone.
- Students may not leave the Ski, bus, or ferry areas, either alone, accompanied with a friend or an unapproved parent or guardian. This includes crossing the main road to the gas station store or Hotel Restaurant, which are off limits.

**Violations** are subject to disciplinary actions or immediate termination at the discretion of Vashon Ski School Advisory Board. Upon termination all fees paid will be forfeited. Student will be escorted back to Vashon by Chaperones, their parents or police.

**Vashon Ski School Program Advisory Board members have the right to search bags, backpacks, purses and other gear without warrant at any time.**

I, \_\_\_\_\_ hereby acknowledge that I have read the above and I will conduct myself in accordance with these rules while participating in Vashon Park District's -Vashon Ski School Program.

Participant Signature: \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_